

Near Far Focus Drill

Hold Small Grid in Your Hand. Post Large Grid at Eye Level 20 feet from where you are standing.
Read the letters from left to right, top to bottom or row by row alternating from near to far.
See how many letters you can get in 1 minute

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O A S F G H K Y E X

F Z N V R C H D K Q

Z B M E X V U O C G

L B H A L R M F X Z



G C D J H U X A L V

A E T Y U I O P R W

J H D S J K F L A S

B C N X Z B T D E O

A D L S H J G T E P

G H A W U Y B F J X